

Posto	Dorsal	Corredor	Equipo	En hh:mm:ss			DIFERENZAS		Sexo	Cat.	CLASIFICACIONES	
				Chegada	Tempo	Ritmo	Anterior	Acum.			Sexo	Categ..
1	20	PEREZ PORTELA, YAGO		11:00:19	1:00:27	0:05:15	0:00:00	0:00:00	M	ABSOLUTA	1	1
2	120	PONS RAMOS, DIEGO		11:00:31	1:00:39	0:05:16	0:00:12	0:00:12	M	ABSOLUTA	2	2
3	77	NAVARRO RODRÍGUEZ, JOSE ANGEL		11:00:41	1:00:49	0:05:17	0:00:10	0:00:22	M	ABSOLUTA	3	3
4	73	GONZÁLEZ ÁLVAREZ, JOSÉ FELIPE		11:01:25	1:01:33	0:05:21	0:00:44	0:01:06	M	VET-A	4	1
5	113	ARMADA DIAZ, JACOBO		11:03:02	1:03:10	0:05:30	0:01:37	0:02:43	M	S.C.	5	1
6	79	PACHECO RODRÍGUEZ, PABLO		11:04:58	1:05:06	0:05:40	0:01:56	0:04:39	M	VET-A	6	2
7	15	SEVERINO MARTINEZ, SEVERINO	PARCHITA RUNNING	11:05:16	1:05:24	0:05:41	0:00:18	0:04:57	M	VET-A	7	3
8	135	BARREIRO RUIBAL, MATIAS	CLUB DEPORTIVO PINARIUM	11:05:58	1:06:06	0:05:45	0:00:42	0:05:39	M	VET-A	8	4
9	47	ALONSO DELTELL, ENRIQUE		11:06:08	1:06:16	0:05:46	0:00:10	0:05:49	M	VET-A	9	5
10	16	DOMINGUEZ GONZALEZ, DANIEL	MAIS QUE AUGA	11:06:17	1:06:25	0:05:47	0:00:09	0:05:58	M	S.C.	10	2
11	91	SOBRAL LEMOS, OSCAR		11:06:22	1:06:30	0:05:47	0:00:05	0:06:03	M	S.C.	11	3
12	147	CARRASCO, RUBÉN	SHAKA CLUB	11:06:49	1:06:57	0:05:49	0:00:27	0:06:30	M	VET-A	12	6
13	127	MOURIÑO, LAZARO		11:07:06	1:07:14	0:05:51	0:00:17	0:06:47	M	S.C.	13	4
14	125	PORTO PEDROSA, DANIEL	TANINOS RUNNERS PONTEAREAS	11:07:15	1:07:23	0:05:52	0:00:09	0:06:56	M	VET-B	14	1
15	148	RODRÍGUEZ SOUSA, NICOLÁS		11:07:31	1:07:39	0:05:53	0:00:16	0:07:12	M	S.C.	15	5
16	141	CASAL MARIÑO, ISMAEL	TANINOS RUNNERS PONTEAREAS	11:07:34	1:07:42	0:05:53	0:00:03	0:07:15	M	VET-A	16	7
17	106	UCHA DÍAZ, MANOEL		11:07:44	1:07:52	0:05:54	0:00:10	0:07:25	M	S.C.	17	6
18	131	MISA GARCÍA, BRAIS		11:07:59	1:08:07	0:05:55	0:00:15	0:07:40	M	S.C.	18	7
19	57	ÁLVAREZ RODRÍGUEZ, JOSÉ ANGEL		11:08:09	1:08:17	0:05:56	0:00:10	0:07:50	M	VET-A	19	8
20	151	LÓPEZ DOMÍNGUEZ, ESTEBAN		11:09:15	1:09:23	0:06:02	0:01:06	0:08:56	M	S.C.	20	8
21	134	CEBALLOS, BÁRBARA	GROBA TRAIL TEAM	11:09:20	1:09:28	0:06:02	0:00:05	0:09:01	F	ABSOLUTA	1	1
22	133	BOUZON RODRIGUEZ, JOSE	GROBA TRAIL TEAM	11:09:26	1:09:34	0:06:03	0:00:06	0:09:07	M	VET-B	21	2
23	87	PEREIRA FARRAPEIRA, DAVID		11:12:01	1:12:09	0:06:16	0:02:35	0:11:42	M	VET-A	22	9
24	122	GARCÍA AMOEDO, OSCAR	RUNNERS PV	11:12:45	1:12:53	0:06:20	0:00:44	0:12:26	M	VET-A	23	10
25	149	BROULLON DURAN, GONZALO		11:13:06	1:13:14	0:06:22	0:00:21	0:12:47	M	VET-A	24	11
26	55	CASALMORTO PEREZ, VÍCTOR MANUEL	GIN TRAIL	11:13:38	1:13:46	0:06:25	0:00:32	0:13:19	M	VET-A	25	12
27	123	COSTAS CARRERA, ISMA		11:13:47	1:13:55	0:06:26	0:00:09	0:13:28	M	S.C.	26	9
28	138	RODRIGUEZ RAMILO, DIEGO		11:13:56	1:14:04	0:06:26	0:00:09	0:13:37	M	VET-A	27	13
29	142	CORTÉS SANTOS, HÉCTOR LUÍS		11:14:23	1:14:31	0:06:29	0:00:27	0:14:04	M	VET-A	28	14
30	112	GIRÁLDEZ TEIXEIRA, ANXO		11:15:07	1:15:15	0:06:33	0:00:44	0:14:48	M	S.C.	29	10
31	1	BUGARIN LÓPEZ, SENEN		11:15:14	1:15:22	0:06:33	0:00:07	0:14:55	M	S.C.	30	11
32	117	MÍGUEZ MARTÍNEZ, PABLO		11:15:17	1:15:25	0:06:33	0:00:03	0:14:58	M	S.C.	31	12
33	53	CASALMORTO PÉREZ, ISMAEL		11:16:11	1:16:19	0:06:38	0:00:54	0:15:52	M	VET-A	32	15

SAÍDA 9:59:52

Posto	Dorsal	Corredor	Equipo	En hh:mm:ss			DIFERENZAS		Sexo	Cat.	CLASIFICACIONES	
				Chegada	Tempo	Ritmo	Anterior	Acum.			Sexo	Categ..
34	81	FERNANDEZ GARCIA, MANUEL	CLUB DEPORTIVO PINARIUM	11:16:15	1:16:23	0:06:39	0:00:04	0:15:56	M	VET-B	33	3
35	85	PHILIPPON NUÑEZ, FELIX		11:16:46	1:16:54	0:06:41	0:00:31	0:16:27	M	S.C.	34	13
36	19	RODRIGUEZ LÓPEZ, GONZALO	ASOCIACIÓN DEPORTIVA C.A.R	11:17:33	1:17:41	0:06:45	0:00:47	0:17:14	M	VET-B	35	4
37	13	GONZALEZ, ESTEFANIA	PAN DE ZARKO	11:17:57	1:18:05	0:06:47	0:00:24	0:17:38	F	ABSOLUTA	2	2
38	137	PREGO NOVAS, ADRIÁN	C.C GARAJE CORSE	11:17:59	1:18:07	0:06:48	0:00:02	0:17:40	M	S.C.	36	14
39	84	FONSECA ALVAREZ, ROBERTO		11:18:21	1:18:29	0:06:49	0:00:22	0:18:02	M	S.C.	37	15
40	43	PORTO RIVEIROS, JOSÉ RODRIGO		11:18:40	1:18:48	0:06:51	0:00:19	0:18:21	M	VET-B	38	5
41	3	FARO MARTINEZ, NIEVES	ATLETISMO PORRIÑO	11:18:56	1:19:04	0:06:53	0:00:16	0:18:37	F	ABSOLUTA	3	3
42	95	LÓPEZ ARAUJO, JAVIER		11:18:58	1:19:06	0:06:53	0:00:02	0:18:39	M	VET-A	39	16
43	94	JEREZ LUCAS, GUSTAVO		11:19:02	1:19:10	0:06:53	0:00:04	0:18:43	M	VET-A	40	17
44	9	VÁZQUEZ BOUZÓN, ABEL		11:19:06	1:19:14	0:06:53	0:00:04	0:18:47	M	S.C.	41	16
45	7	SIERRA CARIDE, MIGUEL ÁNGEL		11:19:20	1:19:28	0:06:55	0:00:14	0:19:01	M	VET-A	42	18
46	83	CARBALLIDO NOGUEIRA, ADRIÁN		11:19:21	1:19:29	0:06:55	0:00:01	0:19:02	M	S.C.	43	17
47	128	PÉREZ, MARIO	CADELOS	11:19:23	1:19:31	0:06:55	0:00:02	0:19:04	M	S.C.	44	18
48	100	CANCELAS RODRÍGUEZ, TANIA		11:20:03	1:20:11	0:06:58	0:00:40	0:19:44	F	S.C.	4	1
49	48	CODESEDA MIGUEZ, SERGIO		11:20:09	1:20:17	0:06:59	0:00:06	0:19:50	M	S.C.	45	19
50	75	GARCÍA DÍAZ, JULIÁN	CAMINHANTES DO CONDADO	11:20:16	1:20:24	0:06:59	0:00:07	0:19:57	M	VET-A	46	19
51	88	VARELA GIRÁLDEZ, EFRÉN	TANINOS RUNNERS	11:20:25	1:20:33	0:07:00	0:00:09	0:20:06	M	VET-A	47	20
52	119	LÓPEZ PINO, JAVIER	RUN TRI	11:20:48	1:20:56	0:07:02	0:00:23	0:20:29	M	VET-A	48	21
53	99	FERNÁNDEZ VÁZQUEZ, ANA		11:21:03	1:21:11	0:07:04	0:00:15	0:20:44	F	S.C.	5	2
54	56	RIVEIRO VIEIRA, HUGO		11:21:06	1:21:14	0:07:04	0:00:03	0:20:47	M	VET-A	49	22
55	10	FERNANDEZ RODRÍGUEZ, MAIKEL		11:21:23	1:21:31	0:07:05	0:00:17	0:21:04	M	S.C.	50	20
56	5	SOTO FERNANDEZ, OSCAR	TEAM CHACAL	11:21:52	1:22:00	0:07:08	0:00:29	0:21:33	M	S.C.	51	21
57	31	LÓPEZ FERNÁNDEZ, MERCHI		11:22:05	1:22:13	0:07:09	0:00:13	0:21:46	F	S.C.	6	3
58	67	LAGÜENS PÉREZ, SARA	CLUB ATLETISMO ARROYO	11:22:10	1:22:18	0:07:09	0:00:05	0:21:51	F	S.C.	7	4
59	86	FERNANDEZ SUAREZ, MANUEL		11:22:11	1:22:19	0:07:09	0:00:01	0:21:52	M	VET-B	52	6
60	144	ÁLVAREZ CARRACEDO, RUBEN		11:22:21	1:22:29	0:07:10	0:00:10	0:22:02	M	S.C.	53	22
61	38	PORTO RODRÍGUEZ, JOSE CARLOS		11:23:12	1:23:20	0:07:15	0:00:51	0:22:53	M	S.C.	54	23
62	70	MARTINEZ RIVEIRO, JOSÉ MANUEL		11:23:29	1:23:37	0:07:16	0:00:17	0:23:10	M	VET-A	55	23
63	4	TELLADO DOMINGUEZ, ADRIAN		11:24:01	1:24:09	0:07:19	0:00:32	0:23:42	M	S.C.	56	24
64	61	SÁNCHEZ FERNÁNDEZ, SANTI	ATLETISMO TUI.	11:25:26	1:25:34	0:07:26	0:01:25	0:25:07	M	VET-B	57	7
65	23	LÓPEZ ALONSO, JOSÉ MANUEL		11:26:02	1:26:10	0:07:30	0:00:36	0:25:43	M	VET-A	58	24
66	42	CAMBRA GONZALEZ, PABLO		11:26:03	1:26:11	0:07:30	0:00:01	0:25:44	M	VET-A	59	25
67	92	PÉREZ MARTÍNEZ, RODRIGO		11:26:05	1:26:13	0:07:30	0:00:02	0:25:46	M	VET-B	60	8
68	22	REY SUÁREZ, FELIPE		11:26:22	1:26:30	0:07:31	0:00:17	0:26:03	M	VET-A	61	26

Posto	Dorsal	Corredor	Equipo	En hh:mm:ss			DIFERENZAS		Sexo	CLASIFICACIONES		
				Chegada	Tempo	Ritmo	Anterior	Acum.		Cat.	Sexo	Categ..
69	111	ALONSO PEREZ, NATALIA	ATLETISMO TUI	11:26:34	1:26:42	0:07:32	0:00:12	0:26:15	F	S.C.	8	5
70	567	LÓPEZ NÚÑEZ, IVÁN		11:27:44	1:27:52	0:07:38	0:01:10	0:27:25	M	S.C.	62	25
71	130	GONZÁLEZ BLANCO, CRISTIAN		11:28:10	1:28:18	0:07:41	0:00:26	0:27:51	M	VET-A	63	27
72	68	LÓPEZ ALVAREZ, JOSÉ LUIS	ATLETISMO BAIONA	11:28:11	1:28:19	0:07:41	0:00:01	0:27:52	M	VET-B	64	9
73	52	ESPERÓN RODRÍGUEZ, JAVIER		11:28:18	1:28:26	0:07:41	0:00:07	0:27:59	M	VET-A	65	28
74	71	NDAO, BABACAR		11:29:05	1:29:13	0:07:45	0:00:47	0:28:46	M	S.C.	66	26
75	21	SORDO GARCIA, MARIA TERESA	METAS IMPOSIBLES TRAIL TEAM	11:29:48	1:29:56	0:07:49	0:00:43	0:29:29	F	VET-A	9	1
76	109	PEREIRA GONZÁLEZ, ISABEL		11:30:20	1:30:28	0:07:52	0:00:32	0:30:01	F	VET-A	10	2
77	40	CARBALLIDO ARAUJO, VÍCTOR MANUEL	TANINOS RUNNERS PONTEAREAS	11:30:22	1:30:30	0:07:52	0:00:02	0:30:03	M	VET-B	67	10
78	64	VARELA BARRERA, JOSE ANTONIO	TANINOS RUNNERS PONTEAREAS	11:31:21	1:31:29	0:07:57	0:00:59	0:31:02	M	VET-B	68	11
79	118	ALONSO COSTAS, OSCAR		11:31:59	1:32:07	0:08:01	0:00:38	0:31:40	M	VET-B	69	12
80	49	TIAGO GONZÁLEZ, ANA MARÍA		11:32:12	1:32:20	0:08:02	0:00:13	0:31:53	F	VET-A	11	3
81	80	LIMA VAQUEIRO, PAULA		11:32:13	1:32:21	0:08:02	0:00:01	0:31:54	F	VET-A	12	4
82	139	TIZÓN, JUAN	PORCOS CELTAS	11:32:15	1:32:23	0:08:02	0:00:02	0:31:56	M	S.C.	70	27
83	78	RODRÍGUEZ ABRIL, BORJA	OS INFILTRADOS	11:32:15	1:32:23	0:08:02	0:00:00	0:31:56	M	S.C.	71	28
84	60	CASALMORTO PEREZ, MOISÉS	GIN TRAIL	11:32:36	1:32:44	0:08:04	0:00:21	0:32:17	M	VET-A	72	29
85	34	CASTIÑEIRA FERNÁNDEZ, ADRIANA		11:33:26	1:33:34	0:08:08	0:00:50	0:33:07	F	VET-A	13	5
86	82	RODRÍGUEZ RODRÍGUEZ, CARLA		11:33:49	1:33:57	0:08:10	0:00:23	0:33:30	F	S.C.	14	6
87	44	GONZÁLEZ GONZÁLEZ, HÉCTOR		11:34:24	1:34:32	0:08:13	0:00:35	0:34:05	M	S.C.	73	29
88	146	GIL TÁBOAS, JAVIER		11:34:26	1:34:34	0:08:13	0:00:02	0:34:07	M	S.C.	74	30
89	124	GARCIA LOPEZ, ALBERTO	MAIS QUE AUGA	11:34:26	1:34:34	0:08:13	0:00:00	0:34:07	M	VET-A	75	30
90	76	VILLAVERDE GÓMEZ, LEO	ATLETISMO TUI	11:34:57	1:35:05	0:08:16	0:00:31	0:34:38	F	VET-B	15	1
91	59	PAMPILLÓN SEIJO, VERÓNICA		11:35:21	1:35:29	0:08:18	0:00:24	0:35:02	F	VET-B	16	2
92	51	PARADA, MAR		11:35:55	1:36:03	0:08:21	0:00:34	0:35:36	F	VET-A	17	6
93	121	SG, CHICHO	METAS IMPOSIBLES TRAIL TEAM	11:36:43	1:36:51	0:08:25	0:00:48	0:36:24	M	VET-B	76	13
94	66	MELENDEZ MEDELA, IVAN		11:36:50	1:36:58	0:08:26	0:00:07	0:36:31	M	VET-A	77	31
95	65	PARGA RODRÍGUEZ, CARLOS	PARGA	11:36:50	1:36:58	0:08:26	0:00:00	0:36:31	M	S.C.	78	31
96	110	LAGO ALONSO, DAVID		11:37:11	1:37:19	0:08:28	0:00:21	0:36:52	M	S.C.	79	32
97	90	RODRÍGUEZ VAQUEIRO, ELISA	PARCHITA RUNNING	11:37:37	1:37:45	0:08:30	0:00:26	0:37:18	F	VET-A	18	7
98	30	MARTINEZ CASALEIRO, BEATRIZ		11:37:38	1:37:46	0:08:30	0:00:01	0:37:19	F	S.C.	19	7
99	74	LOPEZ, PATRI	CLUB ATLETISMO LOUSAME	11:37:49	1:37:57	0:08:31	0:00:11	0:37:30	F	VET-A	20	8
100	2	GONZÁLEZ ÁLVAREZ, MARCELO		11:38:37	1:38:45	0:08:35	0:00:48	0:38:18	M	VET-A	80	32
101	150	ABALDE LOPEZ, ALBERTO	BUDIÑORAID	11:38:39	1:38:47	0:08:35	0:00:02	0:38:20	M	VET-B	81	14

SAÍDA 9:59:52

Posto	Dorsal	Corredor	Equipo	En hh:mm:ss			DIFERENZAS		CLASIFICACIONES			
				Chegada	Tempo	Ritmo	Anterior	Acum.	Sexo	Cat.	Sexo	Categ..
102	116	CABALEIRO VILA, JOSÉ	CAZAFANTASMAS TEAM	11:38:41	1:38:49	0:08:36	0:00:02	0:38:22	M	VET-B	82	15
103	140	TRIGO, CRISTINA		11:40:22	1:40:30	0:08:44	0:01:41	0:40:03	F	S.C.	21	8
104	544	MORALES ALONSO, SILVIA		11:42:00	1:42:08	0:08:53	0:01:38	0:41:41	F	S.C.	22	9
105	54	REBORDA RODRIGUEZ, MARÍA SONIA	CAMINHANTES DO CONDADO	11:42:25	1:42:33	0:08:55	0:00:25	0:42:06	F	VET-A	23	9
106	72	OTERO LOPEZ, INES		11:43:18	1:43:26	0:09:00	0:00:53	0:42:59	F	S.C.	24	10
107	8	MARTÍNEZ LAGO, ANA		11:43:18	1:43:26	0:09:00	0:00:00	0:42:59	F	S.C.	25	11
108	6	RODRÍGUEZ, SILVIA	OS MOROSOS	11:43:38	1:43:46	0:09:01	0:00:20	0:43:19	F	VET-A	26	10
109	14	LAGO GARCÍA, LAURA	SERRES RUNNERS	11:44:10	1:44:18	0:09:04	0:00:32	0:43:51	F	VET-A	27	11
110	97	LOIS MARTINEZ, PAULA	CLUBE DE ATLETISMO SERRES RUNNERS	11:44:10	1:44:18	0:09:04	0:00:00	0:43:51	F	S.C.	28	12
111	98	FERNANDEZ ESMORIS, PAULA	CLUBE DE ATLETISMO SERRES RUNNERS	11:44:10	1:44:18	0:09:04	0:00:00	0:43:51	F	S.C.	29	13
112	136	RÍOS BOUZA, SANDRA	MAIS QUE AUGA	11:44:24	1:44:32	0:09:05	0:00:14	0:44:05	F	VET-A	30	12
113	45	PEREIRA PIÑEIRO, JOSE MANUEL	ATLETISMO PORRIÑO	11:44:33	1:44:41	0:09:06	0:00:09	0:44:14	M	S.C.	83	33
114	46	VÁZQUEZ SOTO, ISABEL	ATLETISMO PORRIÑO	11:44:34	1:44:42	0:09:06	0:00:01	0:44:15	F	S.C.	31	14
115	37	PEDRARES PACHECO, EVA MARÍA	AUTONOMA	11:44:40	1:44:48	0:09:07	0:00:06	0:44:21	F	VET-A	32	13
116	35	TEIXEIRA RODRÍGUEZ, SAMUEL	REPUBLICA FERNET	11:44:41	1:44:49	0:09:07	0:00:01	0:44:22	M	S.C.	84	34
117	39	VILLAVERDE MIGUEZ, SILVIA		11:44:45	1:44:53	0:09:07	0:00:04	0:44:26	F	VET-A	33	14
118	17	NEVADO ARRANZ, PAULA		11:44:49	1:44:57	0:09:08	0:00:04	0:44:30	F	S.C.	34	15
119	145	FREIRE PIÑEIRO, JOSÉ MANUEL	MAIS QUE AUGA	11:44:50	1:44:58	0:09:08	0:00:01	0:44:31	M	VET-B	85	16
120	126	FERNÁNDEZ GONZÁLEZ, JOSÉ MANUEL	MAIS QUE AUGA	11:44:52	1:45:00	0:09:08	0:00:02	0:44:33	M	VET-B	86	17
121	29	SOTOS MARTINEZ, ALBERTO		11:50:27	1:50:35	0:09:37	0:05:35	0:50:08	M	S.C.	87	35
122	105	CARRERA MARTINEZ, ANTIA		11:51:46	1:51:54	0:09:44	0:01:19	0:51:27	F	S.C.	35	16
123	104	ROCHA RODRÍGUEZ, EVA		11:51:46	1:51:54	0:09:44	0:00:00	0:51:27	F	S.C.	36	17
124	114	ARAUJO RODRIGUEZ, JOSE		11:54:06	1:54:14	0:09:56	0:02:20	0:53:47	M	VET-B	88	18
125	33	GARCÍA PAIS, BEATRIZ		11:56:17	1:56:25	0:10:07	0:02:11	0:55:58	F	VET-A	37	15
126	102	CURTO SÁNCHEZ, LAURA		11:56:46	1:56:54	0:10:10	0:00:29	0:56:27	F	S.C.	38	18
127	103	IGLESIAS ESTEVEZ, VICENTE		11:57:14	1:57:22	0:10:12	0:00:28	0:56:55	M	S.C.	89	36
128	41	FERNÁNDEZ CARRERA, VICTOR GABRIEL	OJO CON EL COJO	11:57:15	1:57:23	0:10:12	0:00:01	0:56:56	M	VET-A	90	33
129	115	COMESAÑA, NOELIA		11:57:21	1:57:29	0:10:13	0:00:06	0:57:02	F	S.C.	39	19
130	143	ALONSO LORENZO, ALBERTO	CLUB ATLETISMO SALVATERRA	12:00:35	2:00:43	0:10:30	0:03:14	1:00:16	M	VET-A	91	34
131	12	ALVES, IVETE		12:13:03	2:13:11	0:11:35	0:12:28	1:12:44	F	VET-B	40	3
132	24	FERREIRO FERNÁNDEZ, HELENA	ASALTAMONTES TRAIL	12:13:04	2:13:12	0:11:35	0:00:01	1:12:45	F	VET-B	41	4
133	25	ALONSO FERNÁNDEZ, VANESA		12:15:49	2:15:57	0:11:49	0:02:45	1:15:30	F	VET-A	42	16
134	32	PÉREZ ALONSO, PATRICIA		12:15:49	2:15:57	0:11:49	0:00:00	1:15:30	F	S.C.	43	20

			En hh:mm:ss			DIFERENZAS		CLASIFICACIONES			
Posto	Dorsal	Corredor	Equipo	Chegada	Tempo	Ritmo	Anterior	Acum.	Sexo	Cat.	Sexo Categ..
135	132	CEBADA OTERO, MARIA DE LOS REYES	ASALTAMONTES FEMALE	12:17:36	2:17:44	0:11:59	0:01:47	1:17:17	F	VET-B	44 5
136	129	CARREIRA OTERO, ROCIO	ASALTAMONTES FEMALE	12:17:36	2:17:44	0:11:59	0:00:00	1:17:17	F	S.C.	45 21

